THE ULTIMATE HALLOWEEN CANDY GUIDE WHETHER YOU'RE NOSTALGIC FOR HALLOWEEN DAYS PAST TO FIND OUT, WE POLLED OUR READERS TO DISCOVER WHICH HALLOWEEN CANDIES WERE THEIR FAVORITES, OR YOU'RE MAKING THE ROUNDS WITH YOUR LITTLE ONES AND PULLED TOGETHER NUTRITION VALUES OF THOSE THIS YEAR, HALLOWEEN CANDY IS THE HIGHLIGHT OF THIS

HOLIDAY. AFTER THE NIGHT OF TRICK-OR-TREATING COMES TO AN END, YOU DUMP YOUR HALLOWEEN WINNINGS ON

SWEETS. WE THEN SET OUT TO SEE WHERE AMERICA'S PREFERENCES LANDED ON THE HEALTH SCALE. THE RESULTS? YOU MAY LEARN MORE ABOUT YOUR FAVORITE



BUT WHICH CANDY DOES AMERICA LOVE THE MOST? JUST HOW BAD IS YOUR FAVORITE CANDY FOR YOUR HEALTH? TO DETERMINE JUST HOW HEALTHY OR UNHEALTHY AMERICA'S FAVORITE HALLOWEEN CANDY WAS, WE RANKED THEM BASED ON CALORIES, THEN ON SUGAR AND FAT.				
	AMERICA'S	FAVORITE HALLOWEEN CANDY	NUTRITONAL INFORMATION	HEALTH RANK
7		OUT OF 919 VOTERS	DETERMINED OFF FUN SIZE, SNACK SIZE, OR SINGLE	LEAST UNHEALTHY MODERATELY UNHEALTH UNHEALTHIEST
	1	SNICKERS	3.7g FAT 7g SUGAR 72 CAL	18
	2	Tootsie Roll® POP	Og fat 10g sugar 60 cal	11
	3	Reeses	2.5g fat 11g sugar 110 cal	28
	4	Skittles	.7g fat 11.3 sugar 60 cal	12
	5	Twitzlers.	1g fat 16g sugar 130 cal	29
	(YYY)			



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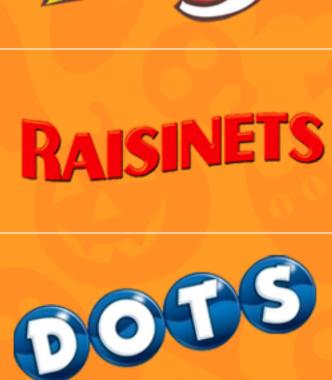


S°)Swedish€











3.7g FAT 6.7g SUGAR **73** CAL 4g FAT 11.5g SUGAR 90 CAL 4g FAT

19

24

25

23

20

5

22

13

26

14

27

15

10g SUGAR 8g SUGAR 2.4g SUGAR 10g SUGAR

100 CAL

4.5g FAT

80 CAL

Og FAT

10 CAL

4g FAT

85 CAL

4g FAT

80 CAL

Og FAT

35 CAL

2.3g FAT

10g SUGAR

80 CAL

.4g FAT

70 CAL

Og FAT

50 CAL

Og FAT

35 CAL

2g FAT

10g SUGAR

63.3 CAL

12g FAT

50 CAL

1g FAT

8.6g SUGAR

47 CAL

2g FAT

22 CAL

Og FAT

6g SUGAR

50 CAL

1g FAT

3.16g SUGAR

4g FAT

100 CAL

2.7g FAT

7.3g SUGAR

67 CAL

2.7g FAT

7.3g SUGAR

105 CAL

1.7g FAT

9.7g SUGAR

67 CAL

1.7g FAT

9.7g SUGAR

67 CAL

Og FAT

11.7g SUGAR

53 CAL

13g SUGAR

23.3 CAL

2.5 SUGAR

9g SUGAR

6g SUGAR

11g SUGAR

8g SUGAR

7g SUGAR

10g SUGAR

TOTAL AMOUNTS CONSUMED IF YOU EAT JUST ONE OF EACH OF AMERICA'S FAVORITE CANDIES IN ONE NIGHT, YOU'LL HAVE CONSUMED: 1,936 CALORIES 254.86 GRAMS OF SUGAR 66.7 GRAMS OF FAT

